



2-SECOND LEAN

for KIDS

to have more time
FOR FUN!

by Paul Akers

TABLE OF CONTENTS

CHAPTER 1: What is Lean?

CHAPTER 2: You Mean I'm Really That Bad?

CHAPTER 3: One Piece Flow

CHAPTER 4: It Gets Better From Here

CHAPTER 5: What Bugs You?

CHAPTER 6: Learning from Lexus

CHAPTER 7: The Power of 3S – Sweep, Sort, Standardize

CHAPTER 8: Building a Lean Team

CHAPTER 9: Start the Day with Ideas

CHAPTER 10: Lean in Every Corner—Even the Bathroom!

CHAPTER 11: Jump In and Get Started!

CHAPTER 12: Extreme Lean – Going All Out

CHAPTER 13: The Power of Humility – Always Be Ready to Learn

CHAPTER 14: The Three Pillars of Lean – Keep It Simple, Respect People, and Keep Getting Better

CHAPTER 15: Ask Good Questions

CHAPTER 16: Lean is Like Learning a New Language

CHAPTER 17: Get Organized with Lean

CHAPTER 18: Growing Together with Lean

CHAPTER 19: Finding and Fixing Waste

CHAPTER 20: Be a Leader by Helping Others

CHAPTER 21: Making Lean Work for You

CHAPTER 22: Video Power-Up

CHAPTER 23: Our New Home

CHAPTER 24: Let's Take a Tour

Chapter 1

What is LEAN?





Hi! I'm Paul, and I'm here to share something amazing called "Lean."

Lean is all about finding stuff we don't really need and getting rid of it to make things easier.

Here's how I learned about it: I thought my company was doing great, but then someone pointed out how much we were actually wasting!





**We were spending time
looking for things, moving
around too much, and doing
things twice. It was like having
a messy toy box—you can't
find the toys you want
because of all the clutter!**

Lean showed me that by noticing small ways to save time and fix little things, everything got better and faster. I didn't need a big change—just tiny fixes, like organizing tools and only keeping what we really needed.





And guess what? Lean isn't just for businesses. You can use it, too! Look at your school bag or your room and see if there's anything slowing you down. Finding and fixing waste makes everything easier, and you'll feel ready for anything!

THE ONE THING:

Pride Blocks Learning!

Sometimes, thinking we know it all can keep us from learning something amazing. Lean teaches us that there's always more to learn—even when we think we're already good at something!





Next time someone shows you a new way to do something, like a friend's way of organizing or drawing, give it a try! You might learn a cool trick that makes things easier.

WIN WITH LEAN!

Lean Challenge: Spot Waste in What You're Best At!

Think of one thing you're really good at, like drawing, organizing your desk, or helping friends with homework. Write it down.



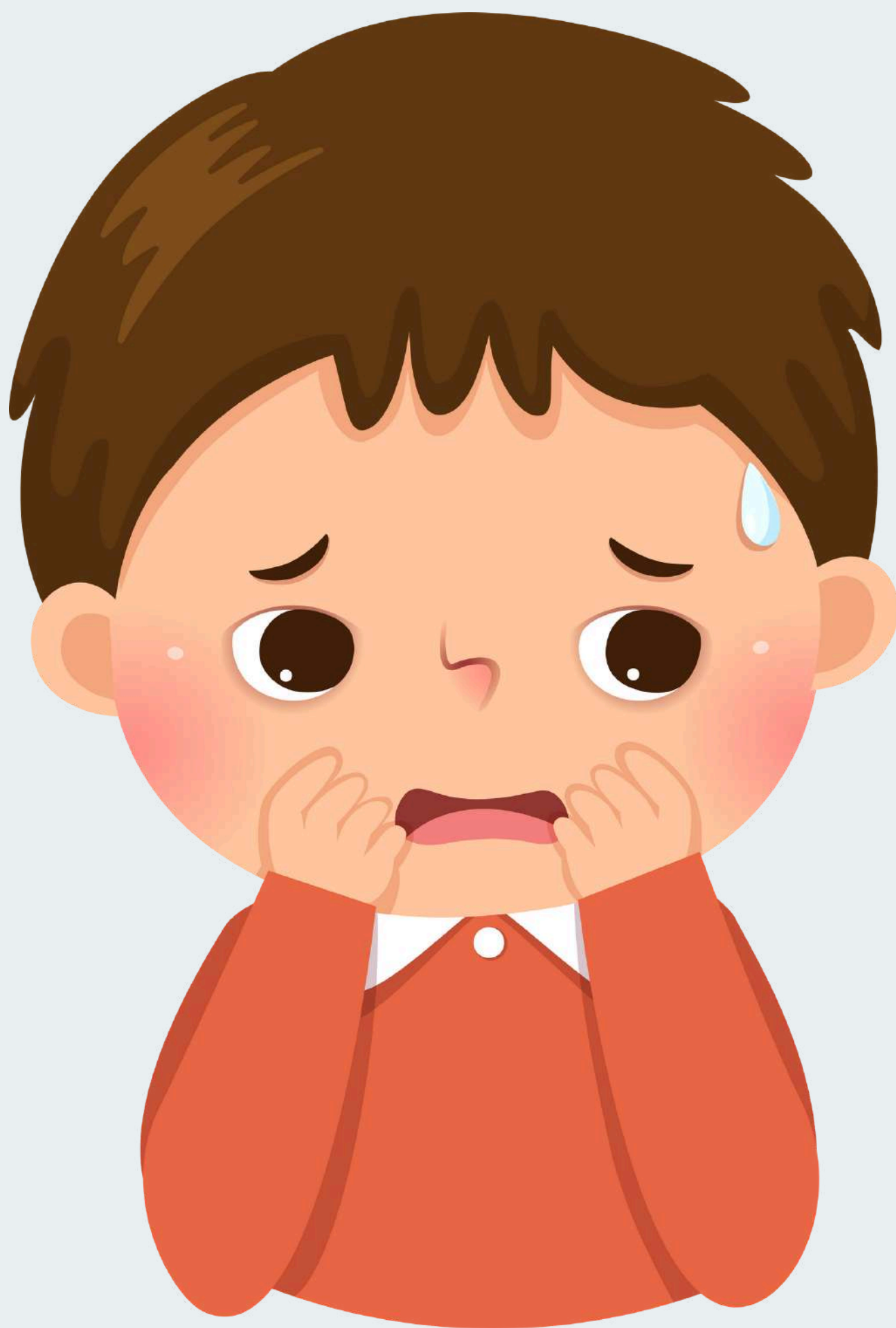


Guess what? There might be some hidden waste in this area!

Look closely to see if there are any extra steps or things you don't need. Lean can help you make it even better!

Chapter 2

Am I That Bad?





I used to think I was doing everything just right—until I realized how much waste I was creating!

Waste is anything that slows us down, uses up extra stuff, or doesn't really help us finish a task. Once I started looking, I noticed we had a lot of it!

Imagine if every time you needed a pencil, you had to dig through a pile of toys and papers. That's what it was like at my work! We were wasting time looking for things, doing extra steps we didn't need, and keeping things we didn't use.





So, I started paying attention to those little things and looking for ways to make them better. Just by fixing small things, we worked faster and got more done!

Try it out :

You can do this too! Look around your room or classroom. Is there anything that makes you take longer to finish a job?

Maybe putting things in easy spots or skipping steps that aren't needed will help you get things done quicker. Start spotting waste, and you'll be amazed at how much smoother things can be!

THE ONE THING:

We Make Waste All Day!

Guess what? Every day, without even knowing it, we make waste—little things that don't help us or anyone else. But Lean can help us spot these and find ways to waste less and do more fun stuff!



WIN WITH LEAN!

Pretend you're a "Waste Detective" for a day! Look for one thing you're doing that's wasteful, like leaving the water running too long or taking extra supplies you don't use. See if you can come up with a clever way to save it!



Lean Challenge: Waste Detective Journal!

For one week, keep a little journal and write down any activities you notice that have extra steps or waste in them. It could be things that take too long or items you don't really need to use.





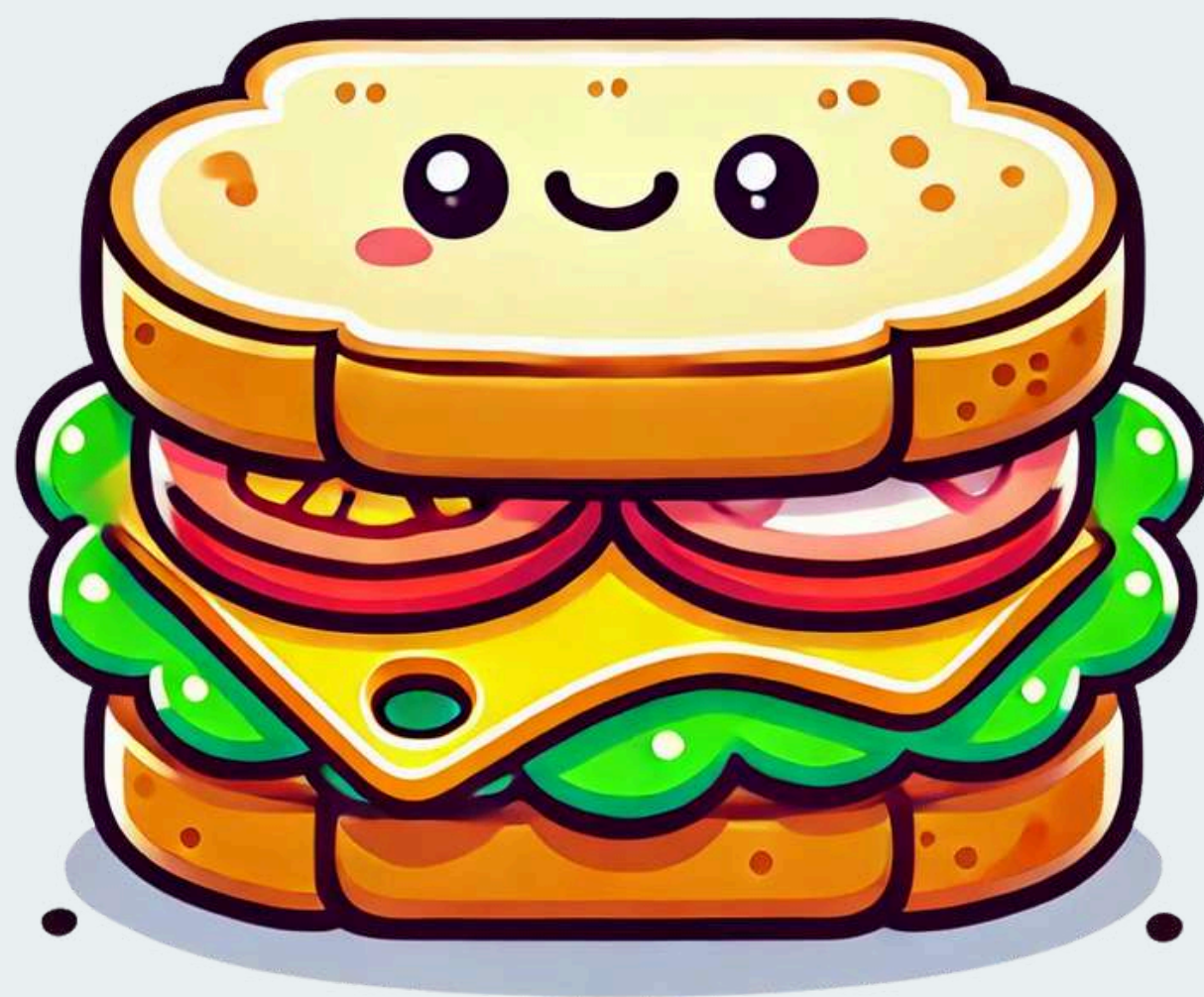
At the end of the week, look over your journal and see if you found more wasteful things than things that helped you get stuff done quickly and easily. You might be surprised by what you find!

Chapter 3

One Piece Flow



Imagine making sandwiches for your friends. If you try to make five sandwiches at once, it's easy to get confused or messy. But if you make one sandwich from start to finish, it's faster and easier.





At my work, I used to do everything in big batches, thinking it would save time. But I found out that when we focus on one item at a time, we actually work better, make fewer mistakes, and finish faster! This is called “One Piece Flow.”

Try it out :

When you have a lot of homework, try to finish one subject before starting the next. Or, if you're cleaning up, put away all your toys before moving to the books. It helps you stay organized and get things done quickly. Give it a try —you'll see how much easier it is!

THE ONE THING:

One by One Gets It Done!

If you try to do a bunch of things at once, it can get messy fast. But when you finish one thing, make it great, and then move to the next, waste magically disappears, and everything is easier!



WIN WITH LEAN!

Next time you're doing homework, chores, or even drawing, focus on one piece at a time. Finish it, do it well, and then go to the next. You'll be amazed at how quickly and neatly you finish!



Chapter 4

It Gets Better





Let me tell you about something called the “Eight Wastes.” Waste isn’t just trash—it’s anything that slows us down or makes things harder than they need to be. I discovered these eight types of waste that pop up all the time, even when we don’t notice.

Here they are:

- 1. Overproduction – Making too much of something.**
- 2. Waiting – Standing around with nothing to do.**
- 3. Transportation – Moving things when they don't need to be moved.**
- 4. Extra Processing – Doing more work than necessary.**
- 5. Inventory – Having too much stuff piled up.**
- 6. Motion – Moving your body around too much to get things done.**
- 7. Defects – Making mistakes or errors.**
- 8. Unused Talent – Not using people's skills in the best way.**

Once I learned about these wastes, I started looking around my company, and wow—I found them everywhere! I realized that if I could get rid of even a little bit of these wastes, things would go faster, be easier, and everyone would enjoy work more.



Try it out :

**Become a “Waste Detective”!
Look around and see if you can find any of these wastes in your own life. Maybe you have a big pile of toys in one place (inventory) or have to walk across the room every time you need a pencil (motion). When you spot a waste, think of a simple way to fix it!**

With Lean, even small changes make a big difference. Once you start, you’ll be amazed at how much easier and faster things can get!

THE ONE THING:

Finding Waste is Like a Fun Treasure Hunt!

Think of spotting waste as a big game! It's like a scavenger hunt where you search for things that don't help you and just get in the way. The more waste you find, the easier and more fun life can be!



WIN WITH LEAN!

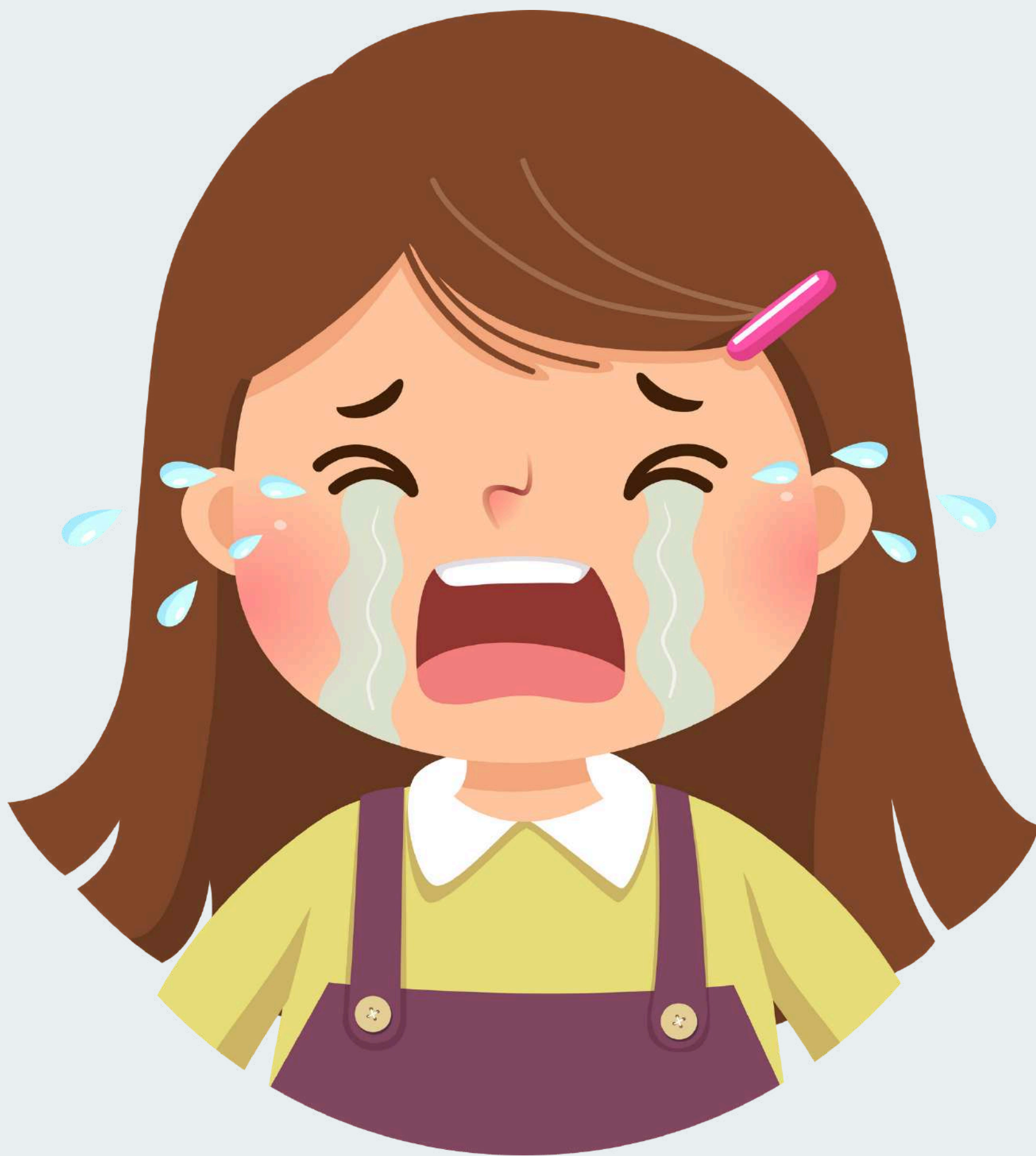
Look around your room or classroom and see if you can find anything that slows you down or gets in the way, like clutter or extra steps.

Every time you find some waste, it's like finding a hidden treasure!



Chapter 5

What Bugs You?





I learned something really cool about Lean. It's super simple: if something bugs you, fix it! Sometimes, little things bother us every day, but we just ignore them or work around them. With Lean, we actually stop to make things better instead of just dealing with the problem.

**Let me tell you what I mean.
Imagine you keep tripping over a
toy on your bedroom floor.
Instead of just stepping over it
every day, Lean teaches us to
pick it up and put it somewhere
safe. That way, you don't trip
anymore, and everything feels
better! Fixing small things like
this makes life easier and even
more fun**





I started looking around my own space, finding things that annoyed me, and fixing them one by one. For example, my closet was so messy that I couldn't find my shoes. So I organized it, and now everything's easy to reach! These little changes make a big difference over time.

Try it out :

Look around your room, your backpack, or even your school desk. Is there anything that bugs you? Maybe your pencils keep rolling away, or your books always fall over. Fix one little thing that bothers you and see how good it feels! Lean is all about making life easier, one tiny fix at a time.

THE ONE THING:

Fix What Bothers You!

Think of all the little things that annoy you—like a messy drawer or toys that always get in the way. Lean teaches us to tackle these things and make them better. Every time you fix something that bugs you, life gets a little easier!



WIN WITH LEAN!

Find one thing that bugs you, like a cluttered desk or a sticky drawer. Fix it today, and feel how much better it is without that little annoyance!



List 3 things that bother you at home. Maybe it's a messy room, toys that are hard to find, or a drawer that gets stuck.

- 1.
- 2.
- 3.

Now, list 3 things that bother you at school. It could be a crowded desk, missing pencils, or books that keep falling over.

- 1.
- 2.
- 3.

Chapter 6

Learning from Lexus





An amazing lesson I learned from the car company Lexus in Japan. When I visited Lexus, I was so impressed with how they worked. They didn't just care about making good cars; they cared about making their team better, too.

At Lexus, everyone is focused on two things: fixing waste and helping people grow. They believe that when people are learning and improving every day, they feel happier and do better work. It's like a sports team where every player is getting better at their position and helping each other win!





Here's what I learned from Lexus: Lean isn't just about fixing problems; it's about helping everyone on the team become their best. When people feel valued and get a chance to learn new things, they're excited to make improvements.

Try it out :

Think of one thing you'd like to get better at, like drawing or organizing your desk. Practice a little every day and see if you can improve. And don't forget to help your friends if they want to get better at something, too. Together, we can all grow and get better!

THE ONE THING:

Lean is All About Helping People Grow!

Lean isn't just about fixing things—it's about helping everyone get better at what they do. When people learn and improve, everything becomes more fun and works better!



WIN WITH LEAN!

Lean Helps Others Grow!
Think of three things you're doing now that help people around you learn and get better at something. It could be helping a friend with their homework, showing a sibling how to play a game, or teaching someone a new skill!

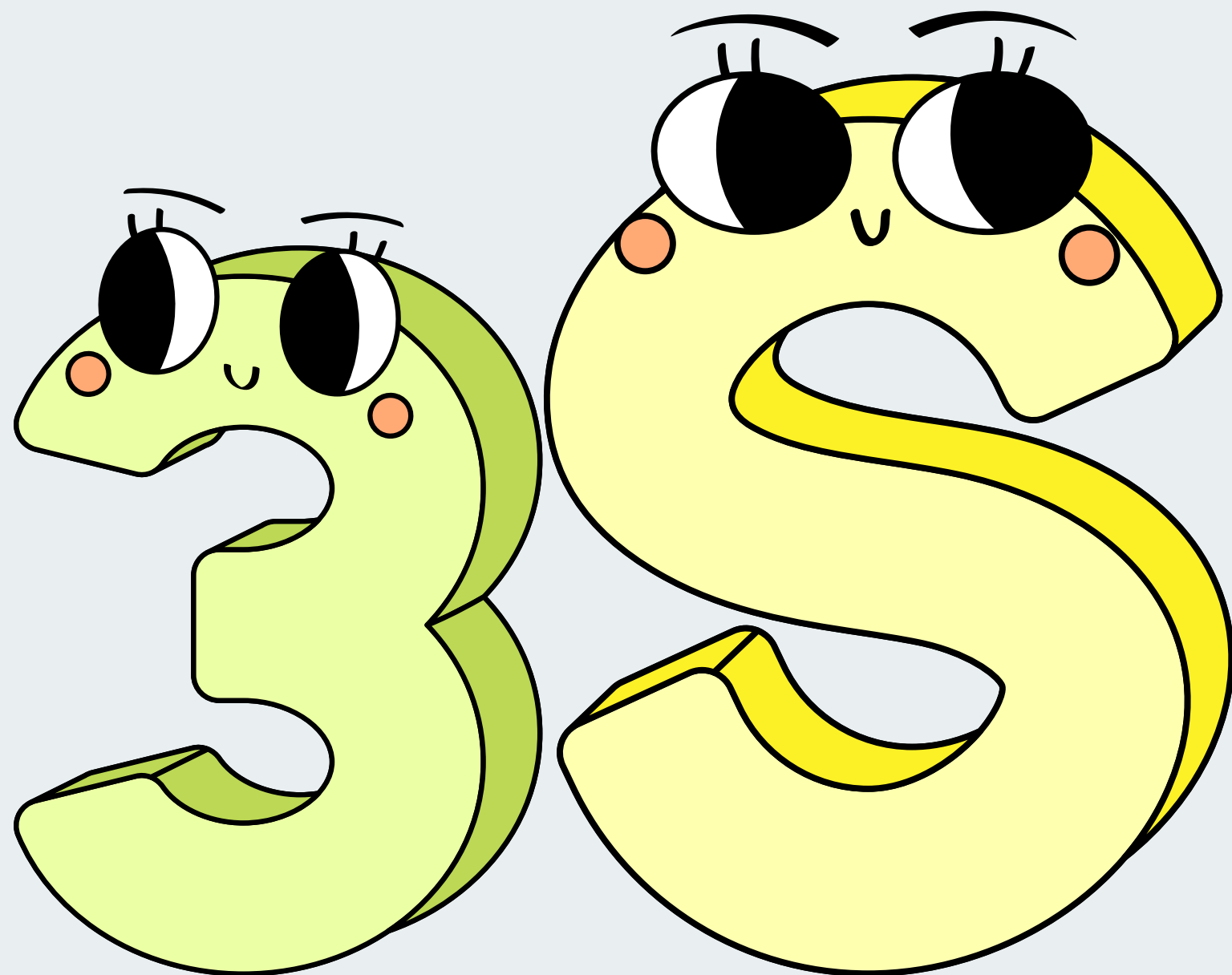


Chapter 7

The Power of 3S – Sweep, Sort, Standardize



I want to tell you about something called “3S” that I learned in Japan. It’s a super simple way to keep things organized, clean, and easy to use. 3S stands for Sweep, Sort, and Standardize. Let me explain!



1. Sweep: This is just a fancy word for cleaning up. After you sort, you sweep or tidy up your space so it's nice and clean. It's like sweeping your room or your desk at school to keep it neat.





2. Sort: This means you only keep what you need and get rid of things you don't use. Imagine cleaning out your backpack and keeping only the stuff you actually use every day. Doesn't that make things easier?



3. Standardize: This means putting things back in the same place every time. If you always keep your pencils in the same spot, you'll know where to find them every time you need them. It saves time and makes life easier!

At the Japanese company I visited, everyone did 3S together every day. It was amazing! When everyone sorts, sweeps, and standardizes, the whole place stays neat, and no one wastes time searching for things.



Try it out :

Try 3S in your own space, like your room or desk. Sweep or clean up, sort out things you don't need, and find a home for everything so you always know where it is. It's a small habit, but it makes a big difference!

THE ONE THING:

Sometimes the Smartest Ideas Are the Simplest

Even really smart people might not believe that something so easy can work so well. But Lean shows us that small, simple changes can make a big difference!



WIN WITH LEAN!

Look for one small thing you can make easier today, like organizing your pencils or putting your books in order. You'll see how even simple changes make things better!



Chapter 8

Building a Lean Team



**When it comes to Lean,
everyone on the team needs to
be involved to make it work.
Lean isn't just about one person
making all the improvements—
it's about working together to
find ways to make things easier
and faster for everyone.**



At my company, we have a morning meeting every day. Everyone shares one small thing they improved, no matter how tiny it might seem. This makes everyone feel part of the team, and they get excited to make things better. Sharing ideas and little wins helps everyone learn from each other and makes our teamwork even stronger!



One of the coolest things about Lean is that anyone, no matter what their job is, can find ways to improve something. When people see that their ideas are valued, they're more eager to keep helping and trying new things. Lean is all about respect for everyone on the team and giving each person the chance to help out.

Try it out :

Grab a friend or two, and look for one small thing you can make easier or better together. Maybe it's organizing your desk area or helping each other finish a group project faster. When everyone has a chance to share ideas, it makes the whole team stronger!

THE ONE THING: You Spend Your Time On What Matters to You

The things you put time and energy into show what's important to you. If you spend time helping others or improving something, it shows you care about teamwork and making things better!



WIN WITH LEAN!

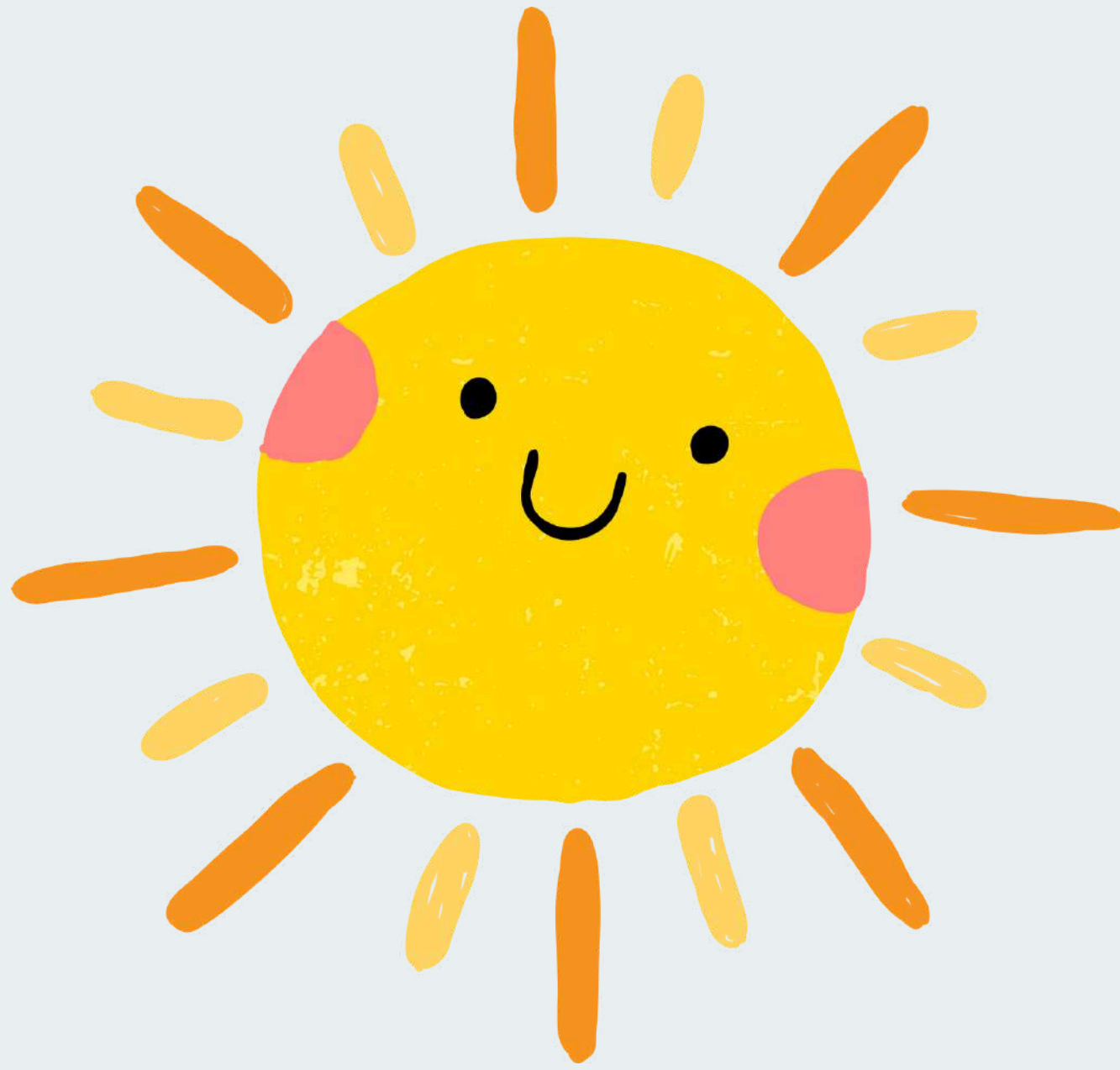
Think about what you spent the most time on today. Does it help you or others in a good way? Try to spend time each day on something that makes a positive difference!



Chapter 9

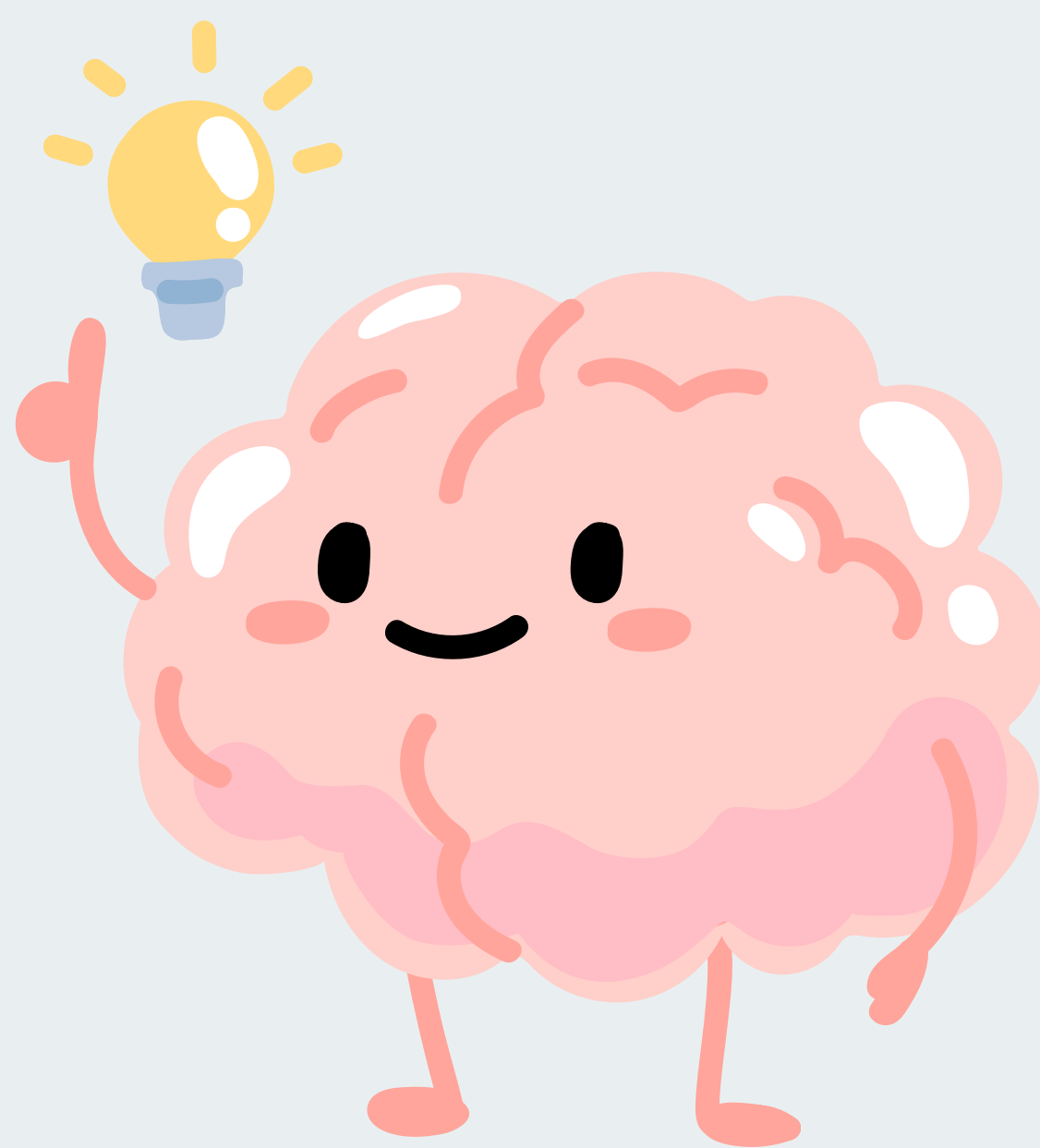
**Start the Day with
Ideas!**





Imagine starting every day with everyone on your team, all sharing ideas on how to make things better! At my company, we begin each morning with a quick meeting where everyone shares one small improvement they made. It might be organizing tools, finding a faster way to do a task, or even just making the workspace tidier. These small changes add up to big improvements over time.

This meeting isn't about who did the most; it's about sharing ideas and helping each other grow. When everyone sees how others are solving problems, it sparks new ideas for everyone. We all get excited about trying out these new ideas to make our own work easier, and we feel proud of what we accomplish together. It's like a daily boost of creativity and teamwork!





And the best part? This meeting habit doesn't just make work better—it makes us better, too! We're always looking for ways to help and improve, which makes us stronger as a team.

Try it out :

Start your own “morning meeting” with friends or classmates. Each person can share one simple way to make things easier, whether it’s organizing, saving time, or helping others. See how many ideas you can come up with together!

THE ONE THING:

2 Seconds Can Make a Big Difference

Making small changes, even ones that take only 2 seconds, can have a huge impact! Little improvements add up and make everything run smoother for everyone.



WIN WITH LEAN!

Find one tiny thing you can change today that will make life easier, like putting your pencils in a handy spot or keeping your desk neat. It may seem small, but every little change makes a difference!

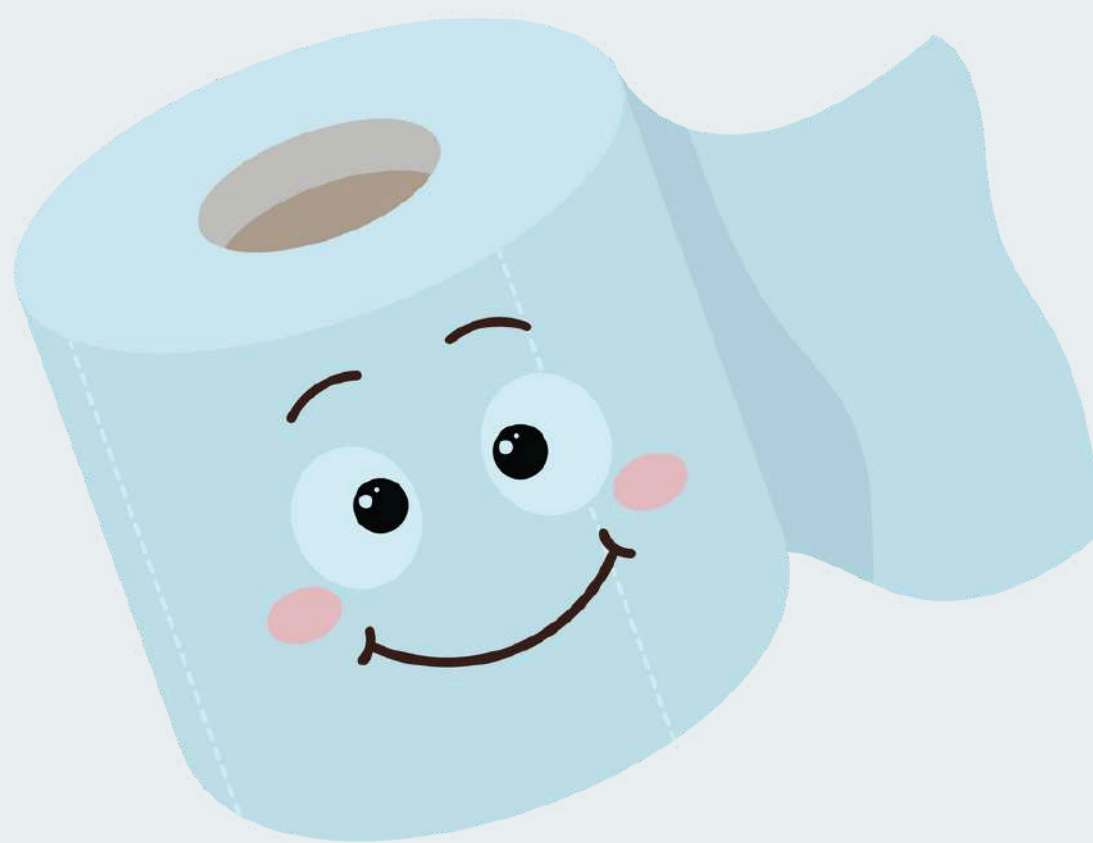


Chapter 10

**Lean in Every
Corner—
Even the Bathroom!**



Let's talk about keeping things clean and organized—even places we don't think about much, like the bathroom! It might seem funny, but making every space neat and tidy, even the bathroom, helps everyone feel better and work better.





At my company, we realized that if we could keep the bathroom as organized as our work areas, we'd feel proud of our entire space. So, we made sure everything had a place, like paper towels, soap, and even cleaning supplies. We cleaned up any messes right away, making it easy for the next person to use.

**This idea works everywhere!
When we take a few seconds to
tidy up a space, it's like we're
doing a small favor for everyone
who uses it after us. We all feel
more comfortable, happy, and
ready to get things done when
our surroundings are clean.**



Try it out :

Next time you're in a shared space—like your classroom, the playground, or even the bathroom—take a quick look around. Is there anything out of place? Can you make it tidier for the next person? You'll see that keeping spaces clean helps everyone have a better day!

THE ONE THING:

Lean Starts Anywhere

Keeping spaces clean and organized, even places like the bathroom, makes a big difference! When we take care of every area, we create a happier, better place for everyone.



WIN WITH LEAN!

Next time you're in a shared space, take a quick moment to tidy up. It's a small step that helps everyone feel great about their surroundings!



Chapter 11

**Jump In and Get
Started!**



Starting with Lean might seem tricky, but it's actually really easy. The best way to learn Lean is to just do it! You don't have to make a big plan or wait for the perfect time. Instead, find something small that could be better, and start fixing it right now!





At my company, I realized that waiting around for things to magically improve wasn't going to work. So, we started with little changes—one by one. We'd look for things that took extra time, were messy, or just needed a better spot. Each little fix made a difference, and soon everything started running more smoothly.

Here's the secret: Lean doesn't have to be huge or perfect. You just have to jump in and keep improving as you go. Even if you don't know all the answers, trying things out will help you see what works. Every improvement, no matter how small, adds up over time.



Try it out :

Look around you and pick one small thing to improve right now. Maybe it's organizing your pencils, putting your books in order, or clearing space on your desk. You'll see that just getting started is the key to making things easier!

THE ONE THING:

Start Small, Think Big!

Big changes start with tiny steps! By making little improvements every day, you're already on your way to something amazing.



WIN WITH LEAN!

Pick one small thing to make better today, like organizing your supplies or setting up your homework space. Even the smallest steps can lead to big results over time!



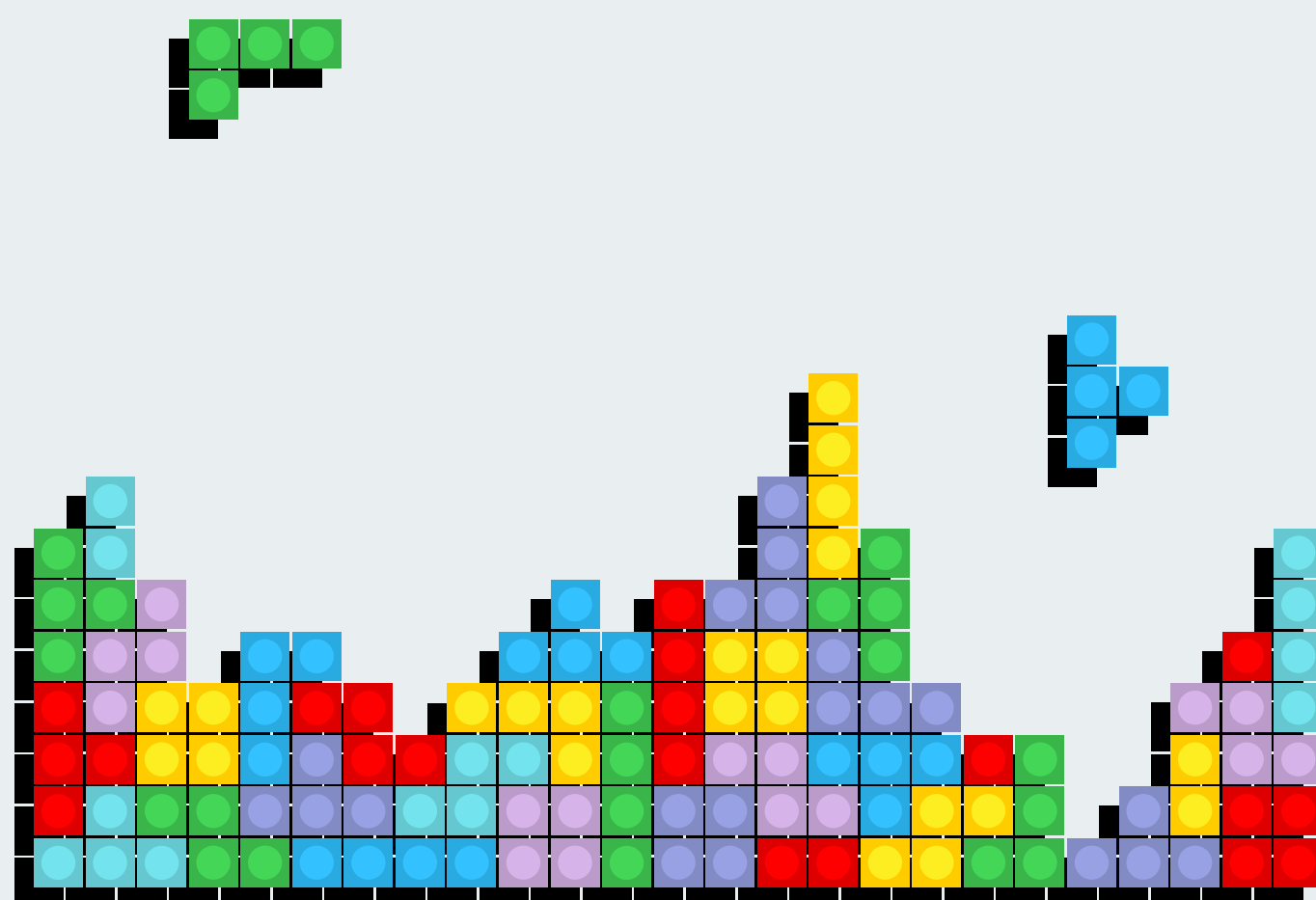
Chapter 12

Extreme Lean – Going All Out!

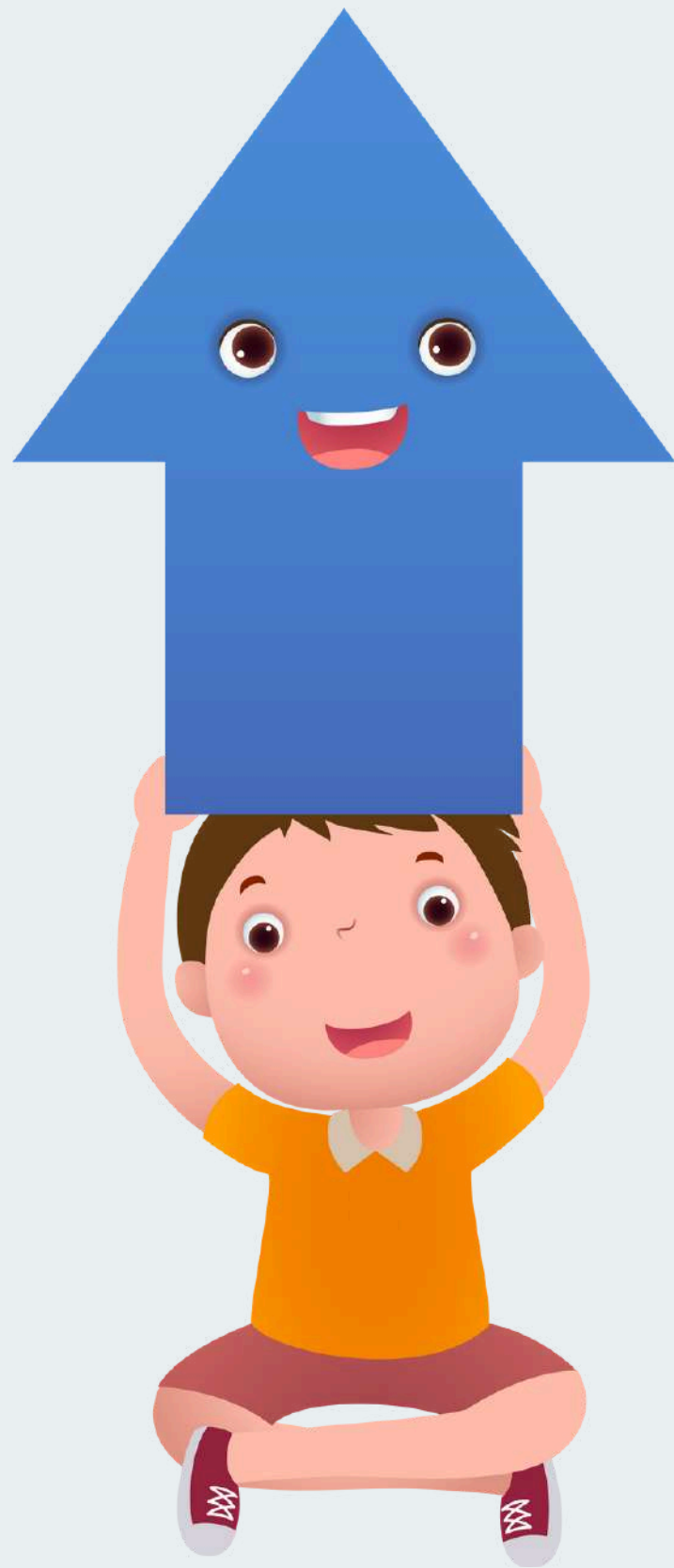




Lean isn't just about making a few small changes—it's about going all out to make everything the best it can be! When you keep looking for ways to improve, even in tiny steps, you're practicing what I call "Extreme Lean." It's like playing a video game where every little thing you fix helps you level up.



At my company, we didn't stop after just one or two improvements. We kept finding small ways to make things easier and better every day. We might organize tools, label drawers, or find faster ways to do tasks. Each improvement made our work smoother and saved us time, so we could keep making more changes without getting tired.



Extreme Lean means that you're always thinking, "How can this be better?" It's not about big changes but about making tons of small changes that add up to something awesome. And the best part? You don't need to wait for permission to make things better. If you see something that could be improved, go ahead and do it!

Try it out :

Think of one small way to make your day easier, like putting your favorite book within reach, or organizing your markers by color. Then, keep finding more ways to make things better each day. You'll see how quickly all those small changes make a big difference!

THE ONE THING:

Fight Against Waste with Energy and Focus

Waste slows us down, so let's get fired up to spot it and fix it! Think of waste as the “enemy” in a game, and each time you remove a bit of waste, you score points for making things better.



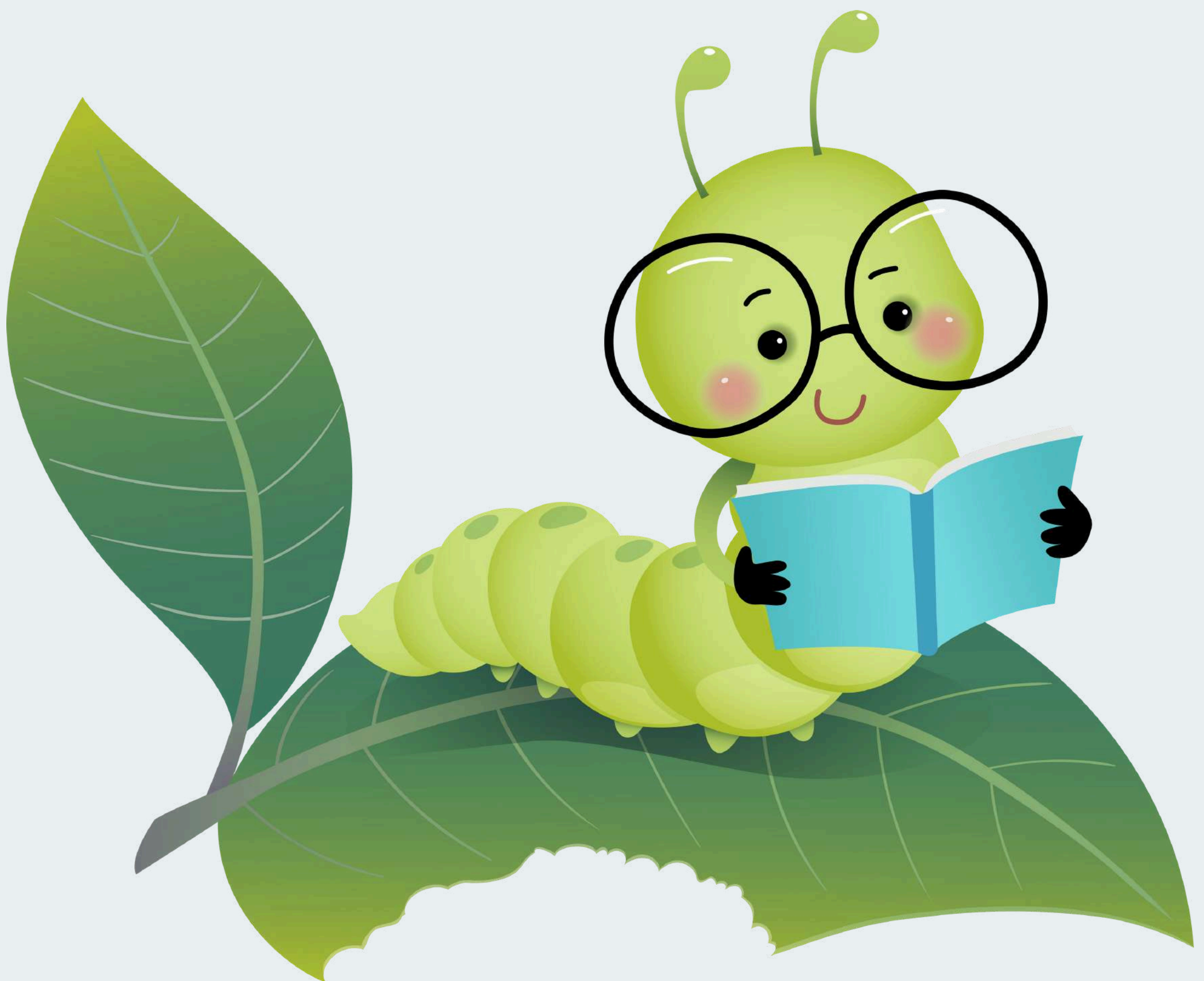
WIN WITH LEAN!

Look for one place where things are messy or take too long, and tackle it like a hero! Getting rid of waste makes everything run smoother and feels awesome!



Chapter 13

The Power of Humility – Always Be Ready to Learn

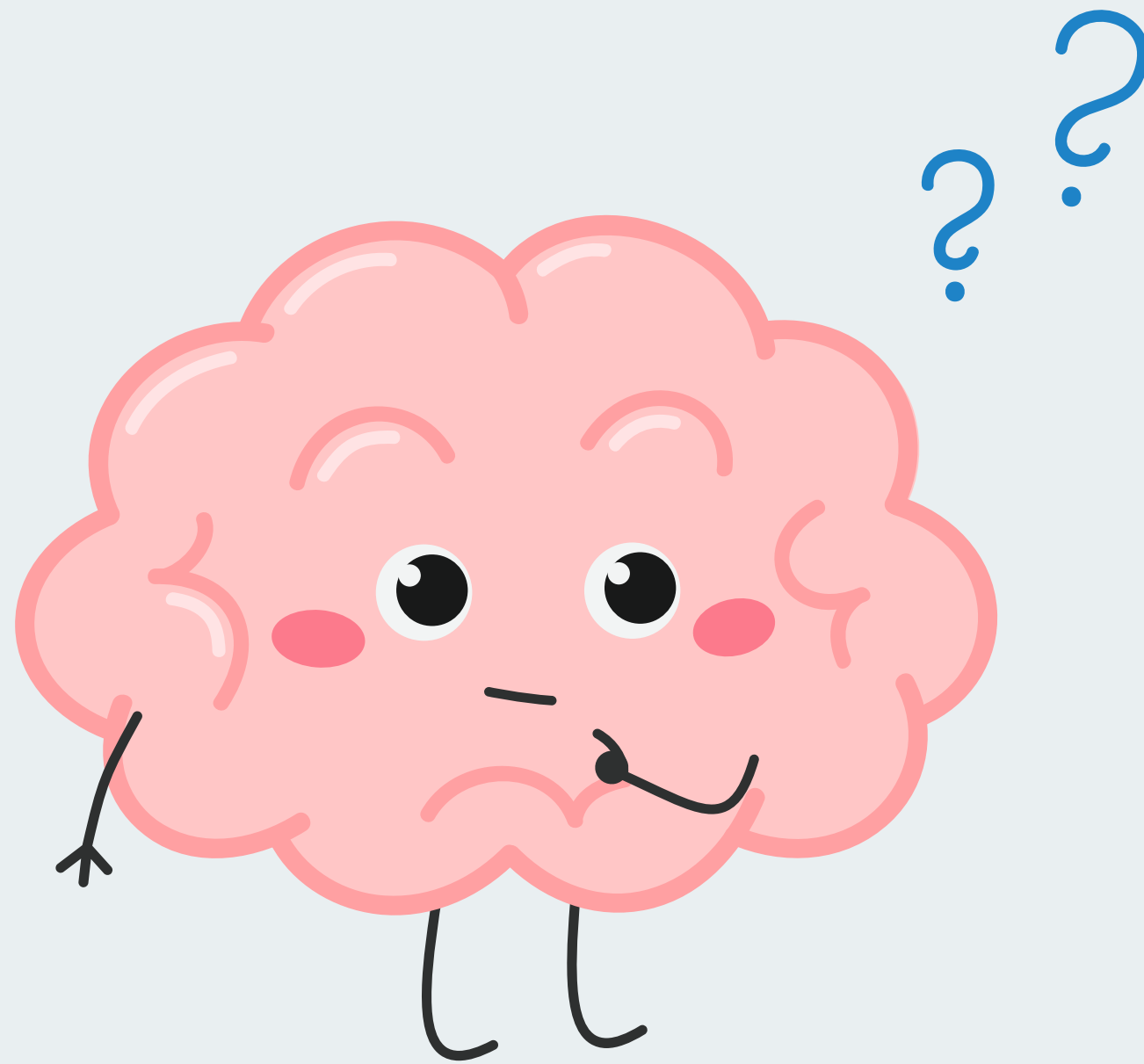




In Lean, one of the most important things is being humble, which means being open to learning and not thinking you know it all. Even if you're really good at something, there's always more to learn and ways to improve. Humility lets us learn from others, try new ideas, and keep growing.

At my company, we practice humility by always listening to each other's ideas. Even if someone has a small suggestion, we give it a try. Sometimes, the best improvements come from unexpected places! When we're humble, we learn from our mistakes, which makes us even better at what we do.





Being humble also means asking questions and not being afraid to say, “I don’t know, but I’ll find out.” This attitude makes us stronger because we’re always looking for ways to grow, instead of pretending we have all the answers.

Try it Out :

Next time you're doing something, ask a friend or teacher if they have any tips to make it easier or better. Even if you think you're already good at it, trying a new way might surprise you! Humility means learning is never-ending, and that makes it fun!

THE ONE THING:

If you want to be great, be humble.

Staying Humble Helps You Grow!

Being humble means being open to learning from others, even if you're already good at something. When you're humble, you get better and better!



WIN WITH LEAN!

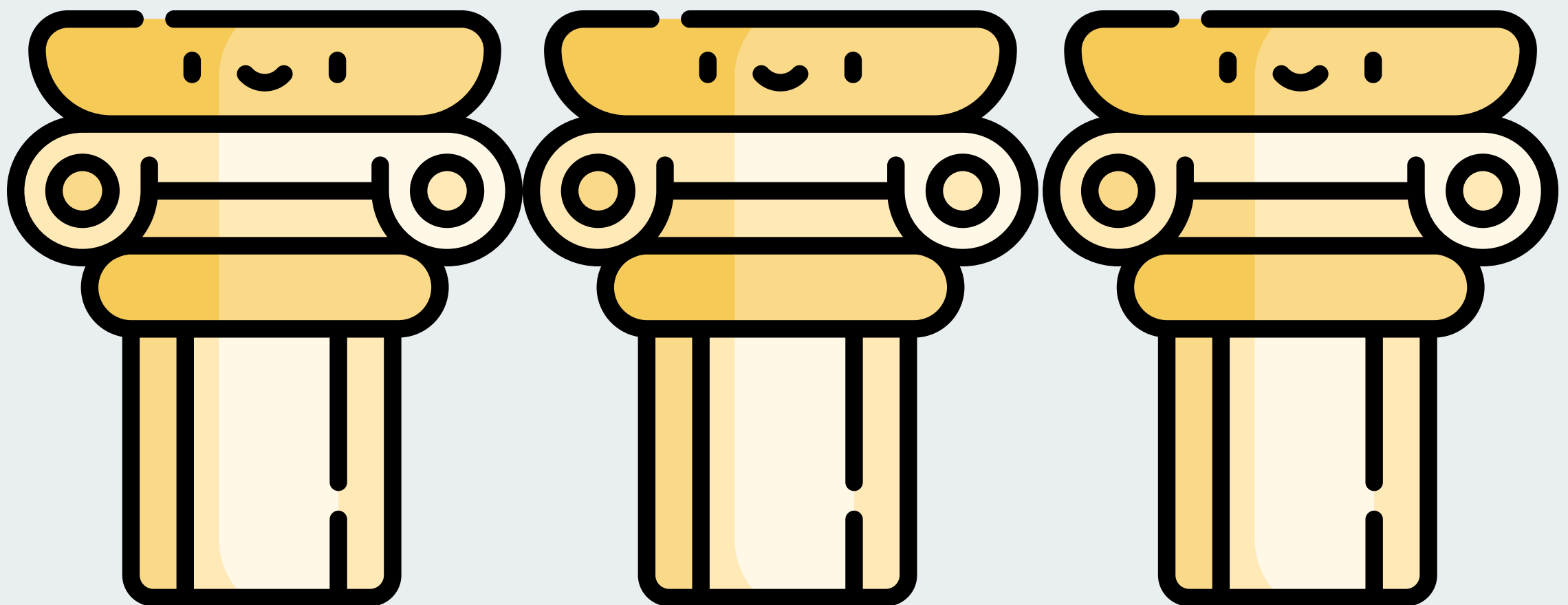
Ask someone to show you a new trick or skill, even for something you already know. You'll see that there's always room to learn and grow!



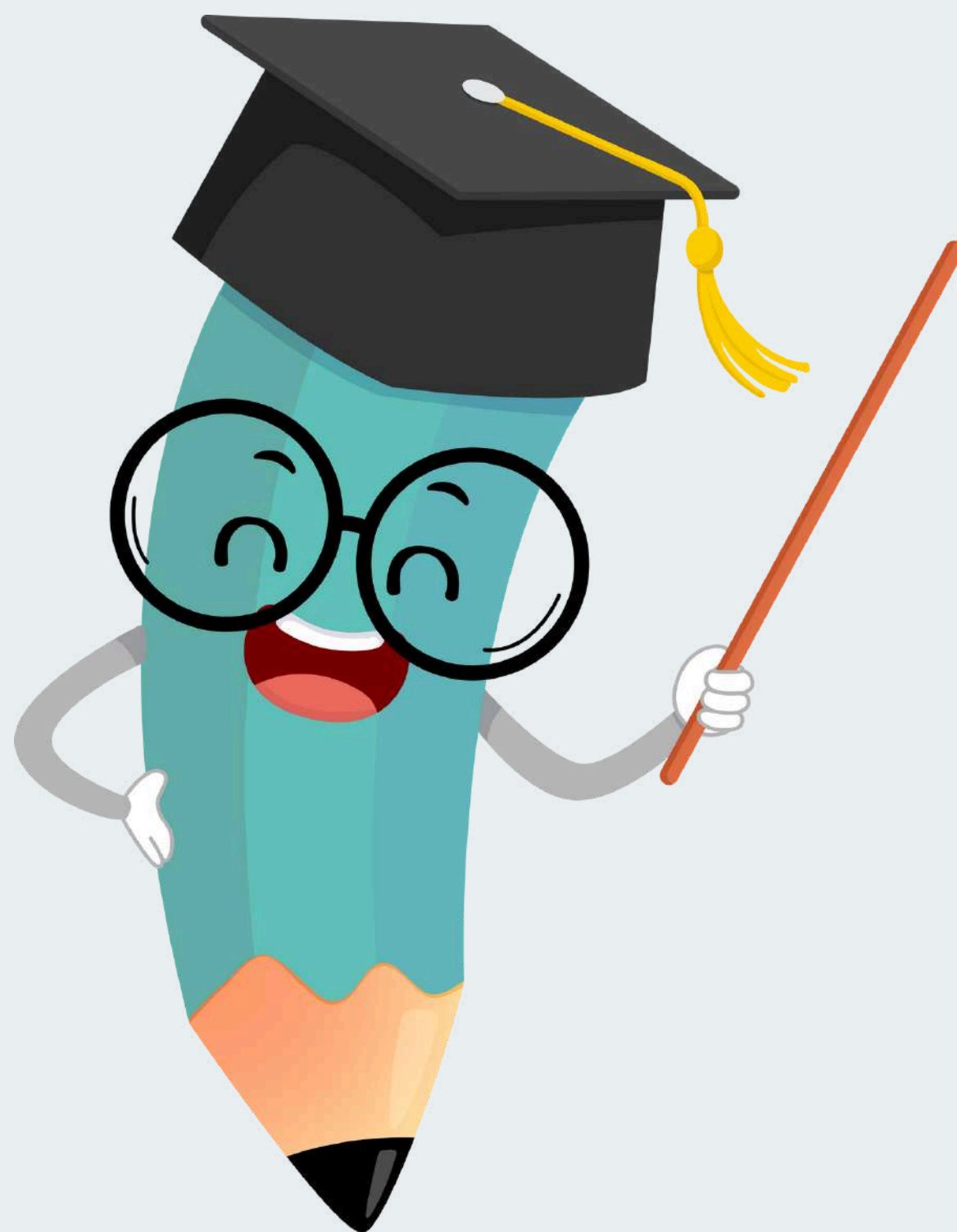
Chapter 14

Three Pillars of Lean

Keep It Simple, Respect People,
and Keep Getting Better



Lean is built on three main ideas, or "pillars," that help make everything run smoothly. These pillars are simple, but they make a big difference when everyone uses them together!





Pillar 1: Get Rid of Waste

The first pillar of Lean is finding and removing waste—anything that slows us down or makes things harder than they need to be. By spotting waste, we make things faster, easier, and more fun!

8 Sneaky Types of Waste :

1.) Making Too Much (Over-production)

Making more than we need is a big waste! It creates extra stuff that we don't use right away.





2.) Moving Things Too Much (Transportation)

When we have extra stuff, we waste time and energy moving it around.

3.) Too Much Stuff Piled Up (Excess Inventory)

All that extra stuff ends up piled up in storage, taking up space and making things messy.





4.) Mistakes (Defects)

Sometimes, we make mistakes, and then we have to fix those extra items we didn't need in the first place.

5.) Doing Extra Work (Over-processing)

Fixing mistakes means doing extra work on items we didn't need to make at all.





6.) Unnecessary Movements (Wasted Motion)

All this extra stuff means we're moving around too much, which can be tiring and wasteful.

7.) Waiting Around (Waiting Time)

If we're fixing mistakes, our customers or friends have to wait longer for the things they really want.





8.) Wasting Skills (Wasted Potential)

Instead of focusing on cool ideas and improvements, we waste our talents by fixing problems that could have been avoided!

**By spotting these wastes, we can
make everything run smoother
and keep our focus on the things
that matter!**



Pillar 2: Respect People

The second pillar is all about respecting people. This means treating everyone's ideas as important, helping each other out, and being kind. In Lean, everyone has good ideas to share, so we listen and support each other.





Pillar 3: Always Improve

The last pillar is about always trying to improve, even if it's just a little bit each day. Lean is about making small changes all the time, which add up to big improvements. Every day, we try to be just a little better than the day before.

These three pillars—getting rid of waste, respecting people, and always improving—keep Lean strong and help us work better as a team.

Try it out :

Think of one way you can make something easier, show respect to others, or improve on something you do. These small actions make a big difference when we do them every day!

THE ONE THING:

Look for Sneaky Waste

Waste can hide anywhere, slowing things down without us noticing. When you learn to spot waste, you can fix it and make everything work better!



WIN WITH LEAN!

**Play a game of “Spot the Waste.”
Look around your room or
school and find one thing that
could be done faster or easier.
Fix it, and see how much
smoother things go!**



Chapter 15

Ask Good Questions



Asking questions is a powerful tool for finding better ways to do things. When we ask questions, we learn more and see things we might have missed. In Lean, asking “Why?” helps us understand why we do things a certain way and if there’s a better way to do them.





Imagine you have a messy desk. Instead of just cleaning it up, ask yourself, “Why does it keep getting messy?” Maybe you realize it’s because you don’t have a good place for your supplies. By asking why, you find a smarter way to organize it so it stays neat!

At my company, we don't just follow instructions without thinking. We ask questions like, "Why are we doing this step?" or "Is there a faster way?" It helps us find new solutions and keeps us from wasting time on things that aren't helpful.





Asking good questions also shows respect for the people around us. When we're curious and listen to each other's answers, we learn from everyone. And every time we ask "Why?" we get closer to making things easier, faster, and more fun.

Try it out :

Next time you do something, like cleaning your room or doing a project, ask yourself “Why am I doing this?” or “Is there an easier way?” You’ll be surprised at how much you can learn just by asking questions!

THE ONE THING:

Lean Means Treating Others How You Want to Be Treated

Lean is about making things easier and better for everyone by asking questions and helping each other. When we work together and respect each other's ideas, we make everything more fun and fair.



WIN WITH LEAN!

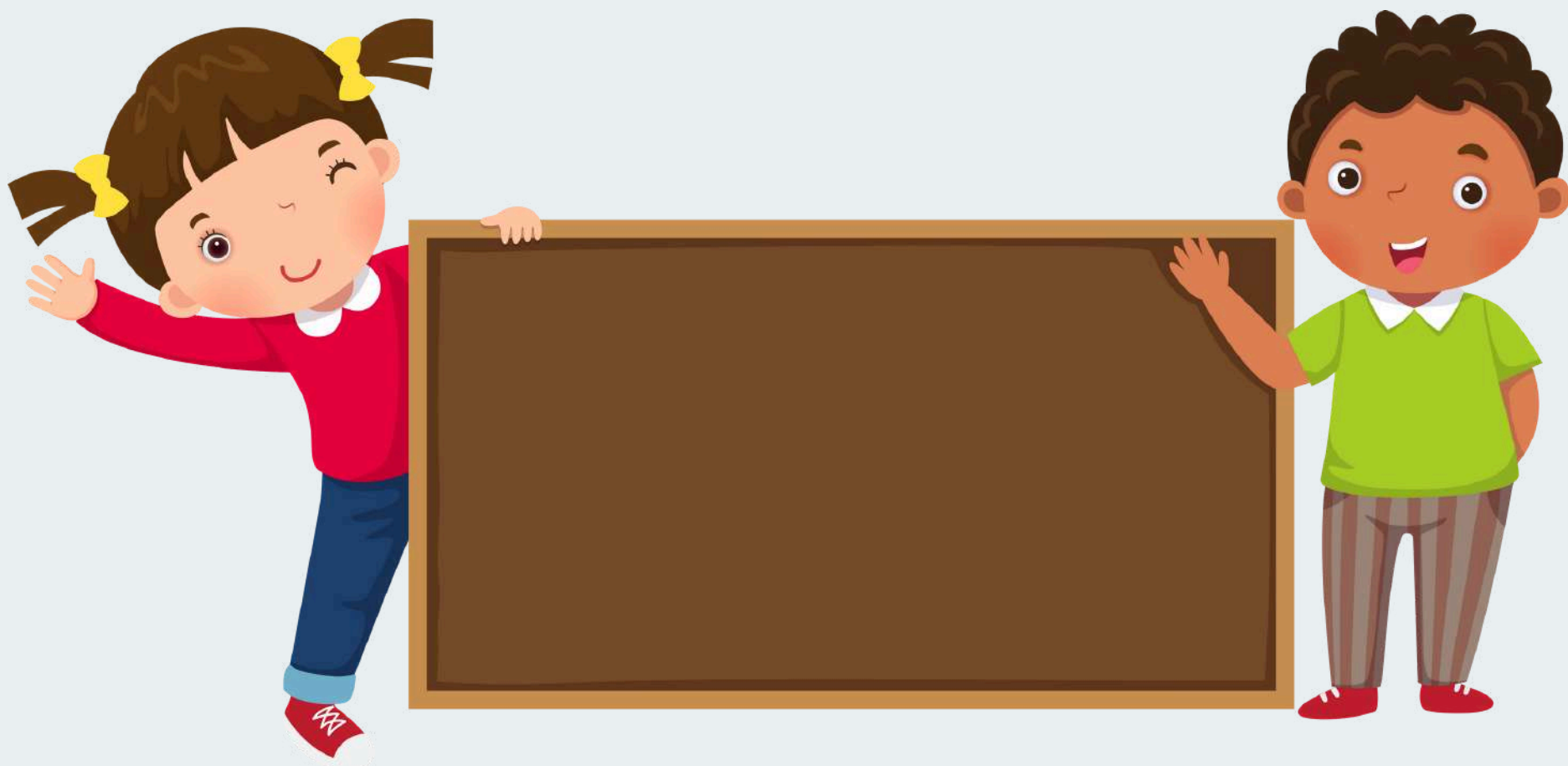
Think about something you do that affects others, like sharing supplies or helping a friend. How can you make it better for everyone? That's the Golden Rule in action!



Chapter 16

Lean is Like Learning a New Language





Learning Lean is a lot like learning a new language. At first, it might seem confusing or even a bit strange. But the more you practice it, the more it becomes natural, just like learning new words or phrases! Lean is all about finding better ways to do things, looking for waste, and making small changes that add up.

When I started with Lean, I felt like I was constantly looking around for things to improve. Over time, it became easier, and now, spotting waste and making improvements is just a normal part of my day. It's kind of like becoming a detective who can see all the little things that could work better!



The best part? Lean never gets boring because there's always something new to discover. Just like with language, the more you learn, the more you can do. And when everyone around you is speaking the "Lean language," it makes teamwork stronger, too, because you're all looking for ways to help each other improve.

Try it out :

Think of one small change you can make today, like keeping your pencils organized or putting your backpack in the same spot. Keep practicing Lean every day, and soon it'll feel as easy as speaking your own language!

THE ONE THING:

Do You Notice the Good Things Others Do?

Lean isn't just about improving things; it's also about noticing when others do something awesome. When we recognize each other's efforts, it makes everyone feel great and keeps us excited to keep improving!



WIN WITH LEAN!

Look for something nice or helpful that a friend or classmate did today. Tell them you noticed—it'll make their day!



Chapter 17

Get Organized with Lean



One of the coolest parts of Lean is learning to get organized! When we have everything in the right place, it's easier and faster to find what we need, and that means less time wasted. At my company, we work hard to make sure every tool, every piece of equipment, and every space is neat and ready to use.





Being organized isn't just about being tidy—it's about making life simpler and more enjoyable. Think of how much easier it is to do homework when your pencils, papers, and books are all where they should be. You don't waste time looking for stuff, and it feels good to have a clean space.

We also use labels and make sure everything has a specific spot. If we know exactly where to put things back, we can stay organized without much effort. This makes working, learning, or creating way more fun because there's no mess in the way!



Try it out :

Pick one area, like your desk, backpack, or locker, and organize it so everything has its own spot. Label things if you can! See how much easier and quicker it is to get things done when you know exactly where everything is. It's like creating a system that works for you!

THE ONE THING:

Lean Helps You Take Charge of Your Future

When you get organized and make small improvements, you're setting yourself up for success. Lean gives you the power to make things better, step by step, which means you're in control of what's next!



WIN WITH LEAN!

Start making little changes to keep things neat and easy to find. You'll see that each improvement brings you closer to reaching your goals!



Chapter 18

Growing Together with Lean





One of the best things about Lean is that it's not just for one person—it's for the whole team. When everyone works together to improve, we grow faster and get better results. At my company, we help each other by sharing ideas and learning from one another. It's like being on a sports team where everyone's working toward the same goal.

When we share improvements, it's not just about making things easier for ourselves. We're making things easier for everyone! We might find a faster way to do something, organize a space better, or think of a new way to solve a problem. By sharing these ideas, we all get to learn and improve together.





**This teamwork makes Lean fun!
When we all support each other,
we feel proud of what we
accomplish and excited to keep
going. Lean helps us be better
friends and teammates because
we're all in it together, helping
one another every step of the
way.**

Try it out :

The next time you think of an idea to make something easier, share it with a friend or classmate. When you work together, you'll see how much more you can accomplish as a team!

THE ONE THING:

Sharing is Better than Just Getting!

Helping others by sharing ideas, time, or things you've learned feels amazing! When we give to others, we all grow and make things better together.



WIN WITH LEAN!

Think of something helpful you can share with a friend—maybe an idea, a tool, or a trick that makes things easier. Sharing brings you closer and makes everyone’s day better!



Chapter 19

Finding and Fixing Waste



Did you know that most of the things we do each day have a lot of extra steps that don't really help us finish faster? Lean calls this "waste." It's anything that takes time and energy but doesn't add real value. Imagine if you had to keep walking back and forth to find your school supplies—those extra steps slow you down but don't help you get your work done faster.





At my company, we use something called a “spaghetti trail” to spot waste. It’s like drawing a map of all the steps you take to complete a task, like cleaning up your art station. When you see the path, it looks like a plate of spaghetti because there are lines going everywhere! This helps us see all the extra movements we’re making that aren’t needed.

By spotting these extra steps and finding ways to cut them down, we can make things simpler and save time. Lean teaches us to look for ways to make every action count so we're not wasting time or energy on things that don't help. Each little improvement means we can get more done with less effort!



Try it out :

Pick a task you do every day, like packing your bag or organizing your desk. Look for any extra steps that might be slowing you down. Can you find a way to make it easier by skipping unnecessary moves? You'll be surprised at how much quicker and simpler things can get!

THE ONE THING:

Lean Helps Us Use Our Awesome Talents

Lean is all about using the special skills and creativity each of us has to make things better. It reminds us that we're all full of great ideas just waiting to be shared!



WIN WITH LEAN!

Think about something you're really good at or enjoy doing, like drawing, organizing, or helping others. Use that talent to make a small improvement today, and see how great it feels!



Chapter 20

Be a Leader by Helping Others



A great Lean leader doesn't just focus on themselves—they focus on helping everyone on their team do better. Being a leader in Lean is about making things easier for others, teaching, and guiding everyone to improve together. This type of leader is called a “servant leader” because they serve their team by supporting and helping them.





Sometimes people might say, “My boss doesn’t understand Lean.” But that’s okay because real Lean leaders start by improving themselves and showing others how it’s done. When we keep making things better, others will notice, and they’ll want to learn, too!

Lean leaders are like team captains who cheer everyone on and help them find ways to improve. They make work fun and help everyone feel proud of what they're doing. By focusing on others and making things easier, Lean leaders make the whole team better and stronger.



Try it out :

Next time you work with friends or classmates, see if you can help someone make a task easier. Being a leader means helping others succeed!

THE ONE THING:

Great Leaders Lift Others Up!

True leaders care about their team and cheer everyone on. They make work fun and help others do their best by showing kindness and support.



WIN WITH LEAN!

Look for ways to encourage a friend today. Help them with something or tell them they're doing a great job. Being a leader is all about lifting others up!



Chapter 21

Making Lean Work for You





To make Lean really work, we keep things simple and take action without delay. Complex ideas slow us down and make things harder. Here are my 10 top tips to make Lean powerful and keep it fun for everyone:

1. The Leader Leads Lean: For Lean to succeed, the top leader must believe in it and set an example. They should never leave it to others to figure out alone.





2. Daily Team Huddles: Meeting as a team every day keeps us strong. Just like a sports team before a big game, we talk about improvements, solve problems, and share Lean ideas. It's how we stay ready to win every day.

3. Learn the 8 Wastes: Everyone should know the 8 wastes, like overproduction and waiting. Understanding these helps us spot waste and fix it right away.





4. Simple Before & After Videos:
Record quick videos of improvements using your phone. These videos show what changed and why it's better. They don't need to be perfect—just keep them simple to inspire others.

5. Point to Yourself First: Before blaming others for waste, look at your own work. Each of us has room to improve. A true Lean leader sets an example instead of pointing fingers.





6. Fix What Bugs You: Start by improving things that frustrate you. If something doesn't feel smooth or easy, that's a sign it can be improved.

7. Focus on Flow: Work should keep moving without stopping. If it stalls, that's a sign of waste. Keeping things flowing helps everyone work better.

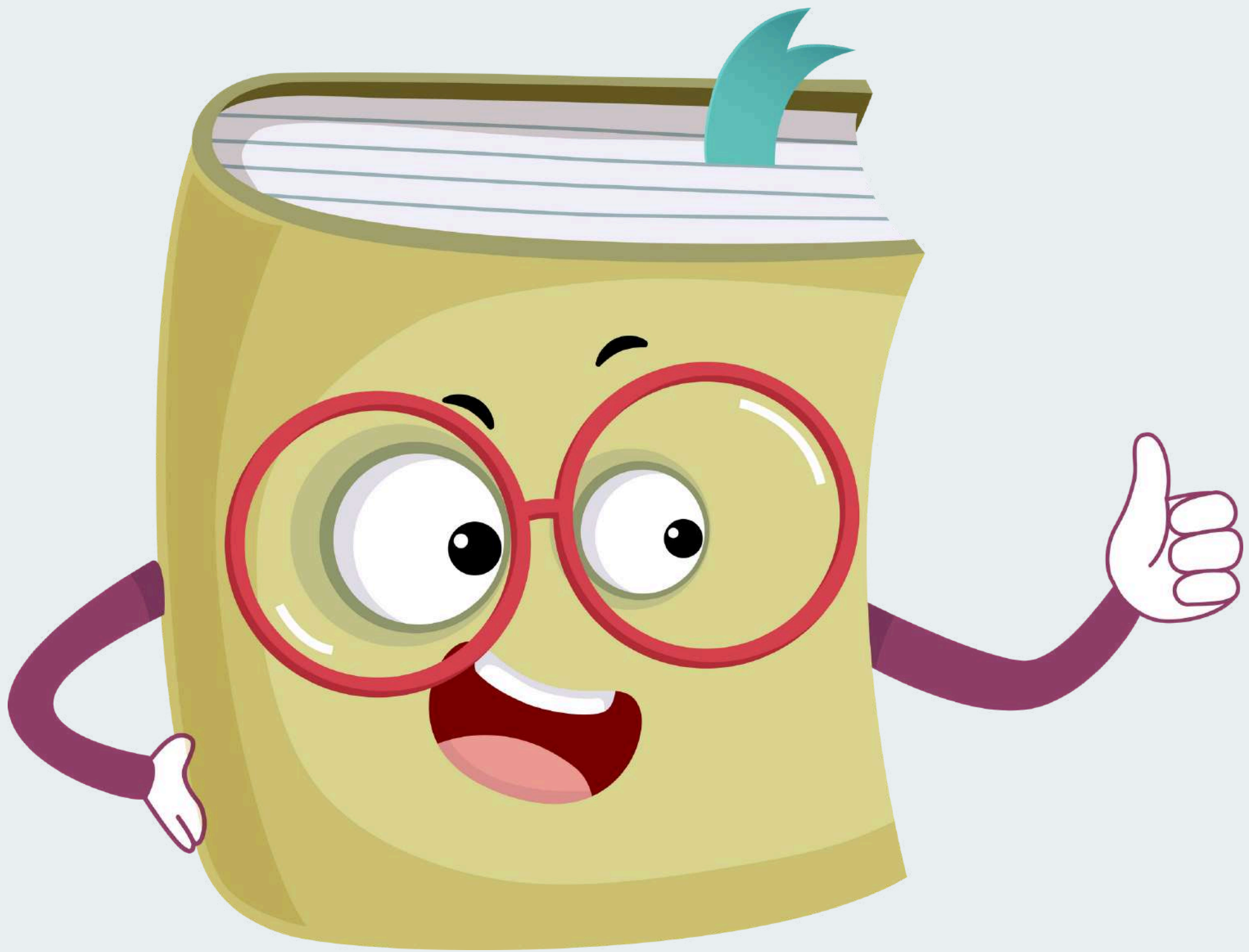


8. Lead by Example: If you want others to do Lean, show them through your actions. When you make Lean work for you, others will naturally want to join.



9. Use Your Influence: Even if you're not the boss, you can still make a difference by improving the things you work on. Small changes will inspire others.





10. Choose Simple Solutions:
When solving problems, look for easy fixes. The simplest answer is often the best.

By following these steps, we keep Lean easy and powerful. Each small improvement helps us work faster and smarter, and when everyone does Lean, it makes everything more enjoyable!



THE ONE THING:

Lean Makes Work Fun

Lean is all about finding new ways to make things easier and better—and when it's fun, it feels like having dessert after dinner! If you're not enjoying it, you might be missing the best part.



WIN WITH LEAN!

Look for a way to make a task more enjoyable today, like adding a fun twist to organizing your desk or racing yourself to finish a chore. Lean means learning, improving, and having a good time along the way!

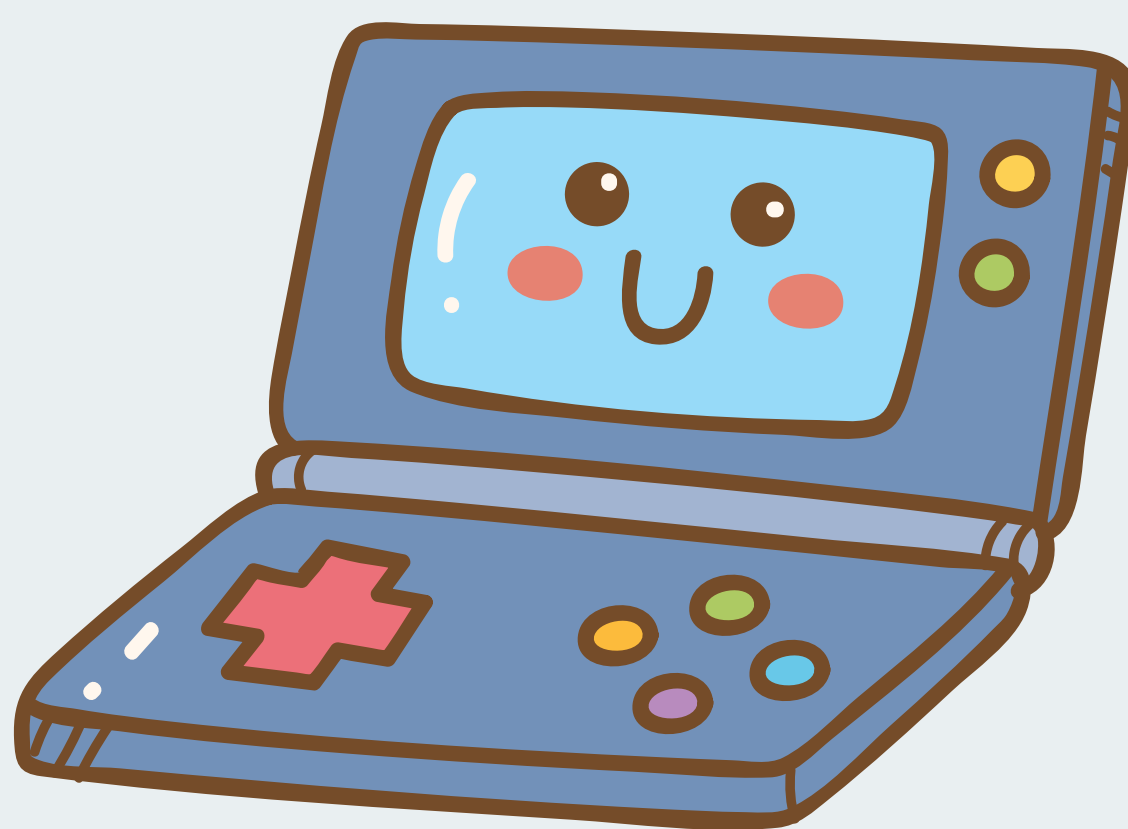


Chapter 22

Video Power-Up



This chapter is all about sharing Lean in a way that's fun and catches everyone's attention! Companies everywhere have started using Lean because it's easy and exciting, like a game where you try to improve things little by little. But to make Lean really take off, we need to find creative ways to share our wins and ideas so everyone can join in!





At FastCap, we do some key things every day to keep Lean strong: we clean and organize, find small improvements, have a morning meeting, and make before-and-after videos.

I've traveled to many countries, meeting people who have added Lean to their daily routine. It's amazing! Sometimes they make awesome videos, but not everyone gets to see them. What a bummer! Videos are a great way to share cool ideas and keep everyone inspired.





Join the fun and get awesome improvement videos on my 2SL WhatsApp group! Ask a grown-up to help you send me a message on WhatsApp, and I'll add you to the group. Here's the number: +1 360 941 3748. Let's learn and grow together!

With Lean videos, everyone can see how small changes can make a big difference.

THE ONE THING:

Are You Sharing Your Lean Wins?

Lean gets even better when we share our cool ideas and improvements with others! Showing off the little changes we make can inspire everyone around us to try Lean too.



WIN WITH LEAN!

Make a quick video or tell a friend about something you improved today. Sharing your Lean wins makes it more fun for everyone!



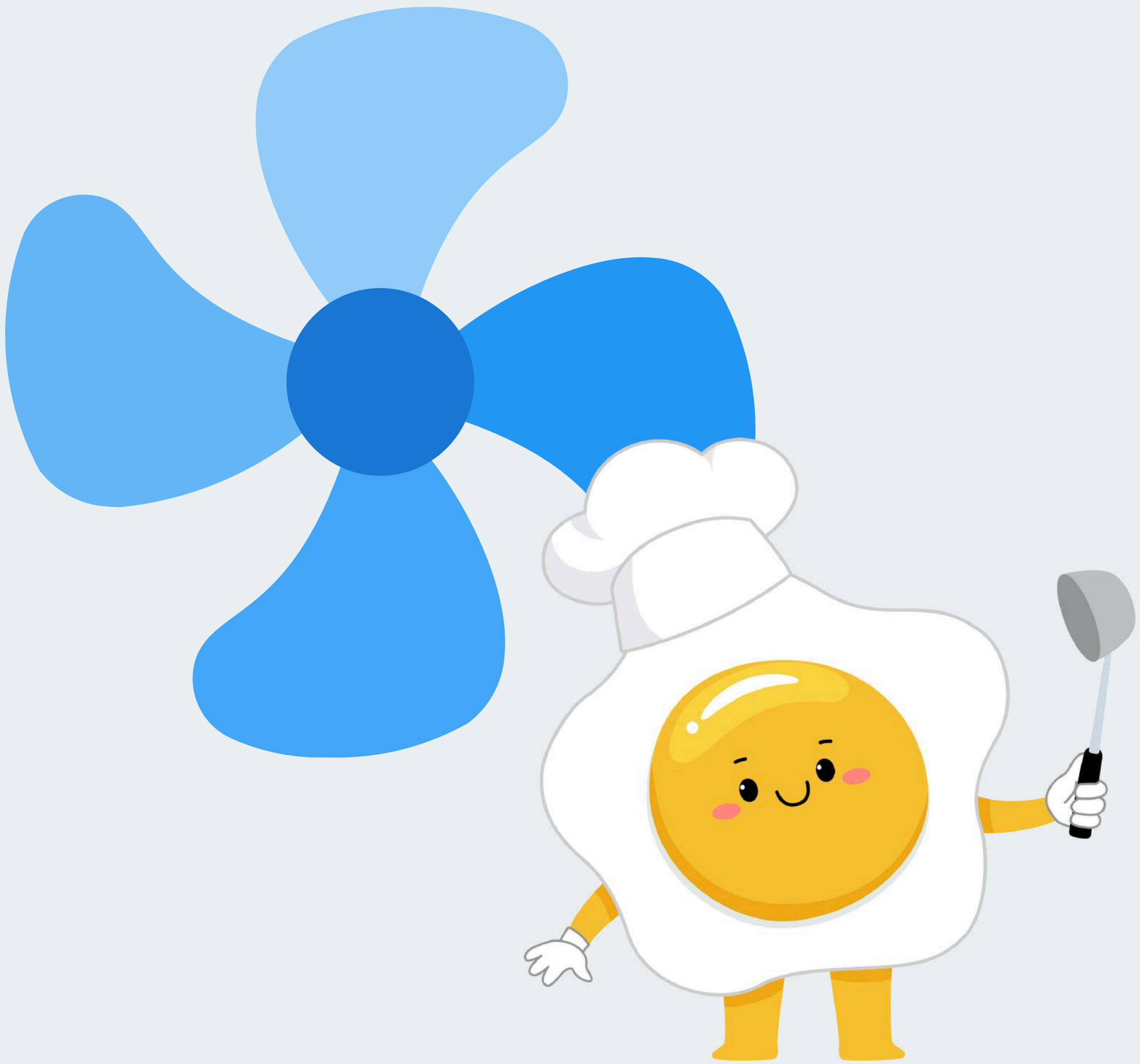
Chapter 23

Our New Home



We finally built a super cool new building! It's huge—50,000 square feet! We designed it with everyone in mind, from our team to our customers. This isn't just any building; it's like a giant playground made to help us work better with Lean ideas. And guess what? We have over 100 windows, so there's tons of natural light, and special lights that turn on automatically.





The building even has giant fans and a sound system that makes it feel like summer every day. There's also a fancy kitchen for our team with the best ovens and counters. Our team loves baking, and it makes the place smell amazing!

Even the bathrooms are designed to save us time! In the old building, we had to walk around to find an open bathroom. Now, all the stalls are in one spot, and we put in a light system to show when each stall is available. This way, nobody wastes time waiting.





Our woodshop is also incredible! It's where we can build things and get creative. With these Lean improvements, our building feels like a fun place to work where everyone feels valued and excited to do their best every day!

THE ONE THING: Once It's Built, It's Hard to Change!

When we set things up a certain way, it can be tricky to change them later. That's why it's important to plan carefully from the start so everything works just right!



WIN WITH LEAN!

Next time you organize your desk or room, think about how you'd like it to stay. Set it up so it's easy to keep tidy and saves time. Planning ahead makes things easier every day!



Chapter 24

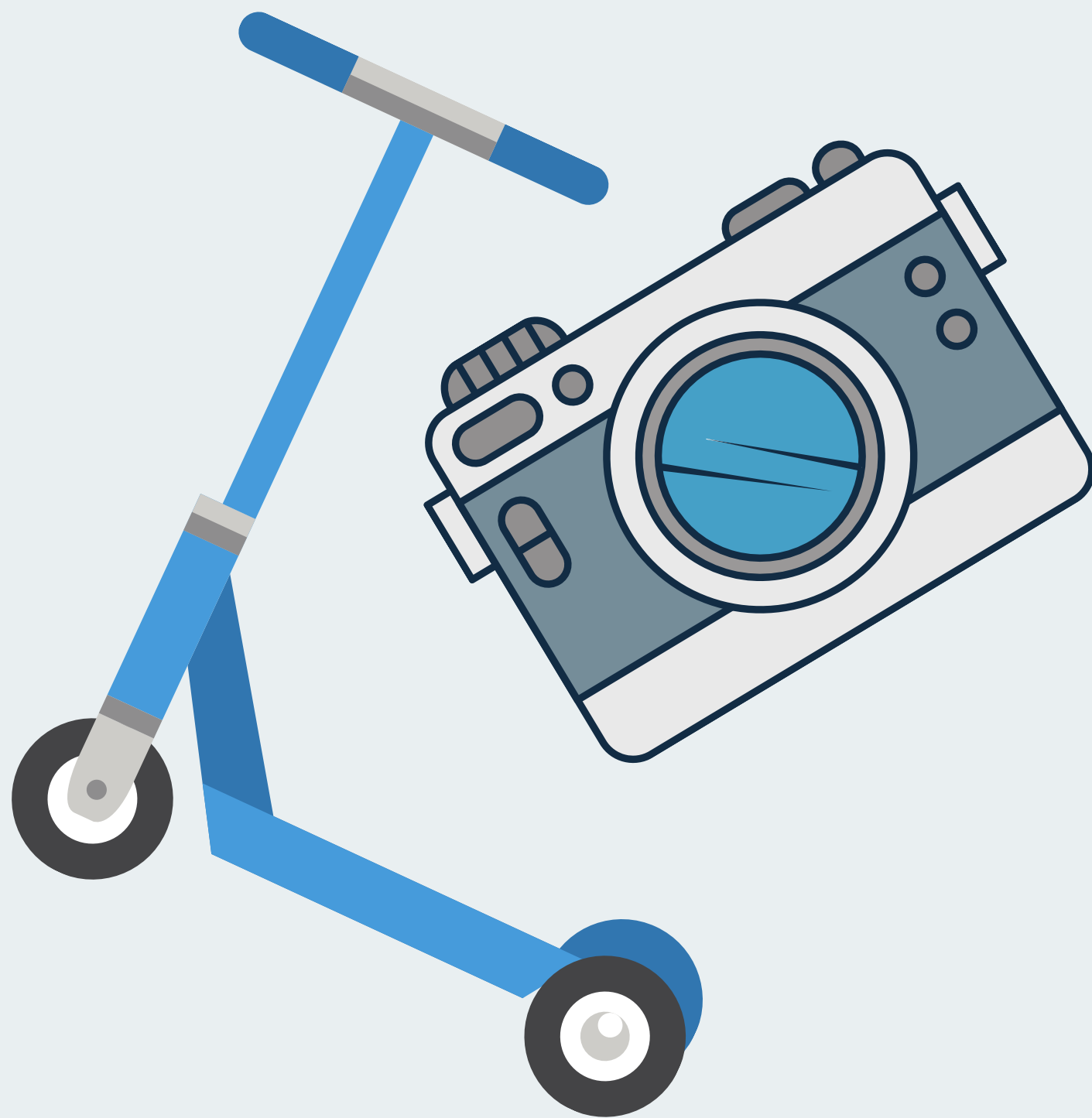
Let's Take a Tour





Every day, I get tons of requests for people to visit and learn about Lean at our facility. To handle all this interest, we do about 24 tours a year, but we have specific rules. We want only those who are truly excited about Lean and ready to learn. We aren't just teaching Lean; we're showing people how to build a Lean culture!

Instead of hiring a big film crew, I decided to make a video tour myself with a simple camera and my Razor scooter. It only took a few hours! It's not perfect, but that's okay because perfection can stop us from getting things done. The goal of the video is to give people a look into how we think at our company.





All around the world, other companies are also building Lean cultures in awesome ways. They're creating workplaces that are fun, efficient, and always improving. Lean isn't about doing more work; it's about working smarter and with less waste.

THE ONE THING:

Lean Isn't Just a Skill— It's a Team Effort

Lean isn't just about learning new tricks; it's about making a positive and fun place where everyone works together to keep improving every day.



WIN WITH LEAN!

Let's make your classroom or home so awesome that your friends would love to visit and see how amazing it is! Think of fun ways to organize and tidy up, like finding a special spot for everything or making it easier to clean. Lean is all about working together to make things better—teamwork makes the dream work!



As we wrap up this incredible journey together, I want you to know how proud I am of each and every one of you. You've learned how small changes can make a big difference, and you've taken the first steps toward becoming amazing leaders who can make the world a better place. I have so much hope for the future because I know you are part of it! You're creative, smart, and full of great ideas, and I can't wait to see how you use what you've learned to improve your classrooms, homes, and even your communities.

I'd love to hear all about your Lean adventures! Ask a grown-up to help you send me pictures or videos of the cool improvements you've made after reading 2-Second Lean for Kids. Share your ideas, and who knows? You might inspire other kids around the world to join the fun. Keep growing, keep learning, and keep making the world a little brighter every day. You've got this!